

Joanna Wirkus

Education

University of California, Davis

B.S. Clinical Nutrition (in progress) GPA: 3.82

(Sep. '11 - Jun '14)

Folsom Lake College

A.A. Interdisciplinary Studies, Emphasis in Math and Science GPA: 3.74

(Jun. '08 - May '11)

Health Care and Clinical Nutrition Experience

Willow Clinic - Free, Student-Run Medical Clinic - Nutrition Intern

Sacramento, CA (Oct. '13 - Mar. '14)

- Counseled food-insecure patients with nutrition related conditions including hypertension, dyslipidemia, and diabetes
- Developed resources and educational materials to motivate patients to achieve nutritional goals
- Charted using PES statements, ADIME, and electronic health record

Sacramento Naturopathic Medical Center - Office Volunteer

Sacramento, CA (Apr. '13 - Sep. '13)

- Devised and implemented action plan for creation of a new botanical tasting bar
- Organized recipe and menu development, conducted consumer testing, analyzed results from taste tests

Research Experience

Foods For Health Institute - Undergraduate Research Assistant

UC Davis, CA (Feb. '12 - present)

- Led and organized interns in publicizing all clinical trials to encourage study volunteer enrollment
- Gathered anthropometric measurements during test days and input diet recall using Nutrition Data Systems for Research
- Prepared test meals for HDL Metabolic Milkshake Study at Ragle Human Nutrition Research Center
- Processed and aliquoted human samples for Postprandial Inflammation Study at Western Human Nutrition Research Center
- Authored news articles for website and completed research papers

Community Nutrition Experience

Team Davis "Good Foods" Garden Project - Volunteer

UC Davis, CA (Jan. '13 - Mar. '13)

- Co-created and co-taught six lesson plans to participants with disabilities to encourage fruit and vegetable consumption
- Assisted with interactive activities, gardening, and tastings designed to encourage healthy eating habits

Elderly Nutrition Program of Yolo County, Meals on Wheels - Office Intern

Woodland, CA (Oct. '12 - Dec. '12)

- Assisted with mailing, filing, and conducting phone calls to determine eligibility of seniors receiving home delivered meals
- Shadowed home visits, served a congregate meal, and learned about quantity food production from production manager

Foodservice Management Experience

Cuarto Dining Commons - Intern

UC Davis, CA (Jan. '13 - present)

- Preparing food and shadowing all aspects of quantity food production at a facility dedicated to environmental stewardship

Leadership Experience

UC Davis Dining Services, Sodexo - Nutrition Education Coordinator

UC Davis, CA (Aug. '13 - present)

- Develop education relating to SPE Certified, a third-party food certification ensuring nutritional balance and sustainability
- Interview, train, and manage a team of six volunteer interns who execute peer-to-peer education in the dining commons

Environmentally Conscious Nutritionally Alive Population - Vice President

UC Davis, CA (May '13 - present)

- Founded a new student organization dedicated to connecting students interested in nutrition and the environment

Teen Group Facilitator

Sacramento, CA (Sep. '03 - Mar. '13)

- Facilitate emotional support group for teenagers with mentorship from a Marriage and Family Therapist

Extracurricular Activities - UC Davis

Student Nutrition Association - Active Member

(Oct '11 - Jun '13)

- Volunteered with UC Davis Farmer's Market, Picnic Day, Wellness Carnival, The Pantry
- Hungry Reader Program: taught nutrition to children in low-income areas using songs, story books, and tastings
- 11th Annual Pre-Medical and Pre-Health Professions National Conference Volunteer
- Golden Key Honor Society

Training and Certifications

- Serve Safe Certified
- UCSF's Nutrition for Health Promotion and Disease Prevention: Coursera.org
- Nonviolent Conflict Resolution
- HIPPA Training on Patient Confidentiality
- Biological Safety and Medical Waste Management
- Chemical and Laboratory Safety
- Good Clinical Practice Training
- Biological Safety Cabinet Training

Memberships

Member of the Academy of Nutrition and Dietetics

(Sep. '11 - present)

Dietitians in Integrative and Functional Medicine

(Sep. '13 - present)